

Welcome to Sweden and Jönköping!

We will make it the best time of your life!

Jönköping Student Union is here for you and it's our job to make sure that you will enjoy your stay! We do everything from **fun activities, trips and events** - to make sure you have something to do while you're not studying - and we also keep track of your rights as students and make sure that your education is of good quality.

Jönköping Student Union is a non-profit organization which mainly works with educational quality, social welfare and integration. We offer many opportunities for students to meet and interact naturally. At the Student Union, we have a variety of associations that all students are welcome to join.

As a student at Jönköping University it is mandatory to be a member of the Student Union. This means that you have to pay a fee every semester. The fee is already included in your tuition, if you are required to pay one. Please read more about how to pay your fee through the app Hitract.

<https://www.jonkopingsstudentkar.se/english/membership.html>

We know it's not easy to come to a new country with a totally different culture than you are used to. So besides from events and activities, the Student Union's Integration and Activity Committee (IAC) also offers two programs:

- **The Buddy Program** aims to strengthen social networks and to make adjusting into life in Jönköping easier from the student's perspective. If you apply to get a Buddy, you will get in contact with a current student at the University. Here you can sign up for the Buddy Program as well as read more on our website:

<https://jkpgstudent.wufoo.com/forms/wlhimzh3lj4ut2m/>

- **The Culture Exchange for Families and students Program** allows the students to "become" a part of a Swedish family in the Jönköping area and create even better bonds. You can sign up for the Program via this link: <https://jkpgstudent.wufoo.com/forms/r16x0xsx0q7avlf/>



To read about the programs, please visit www.jonkopingsstudentkar.se/english/international

Take a look at the pages below for the preliminary schedule of the Student Union's activities and trips for next semester! You'll also find more information on our website and instagram-@justudent and @iacjkpg as well as on HITRACT.

See you soon!

Integration Coordinator at JSU

integration@js.ju.se



JÖNKÖPINGS
STUDENTKÅR

Preliminary schedule of Jönköping Student Union activities

Fall semester 2025

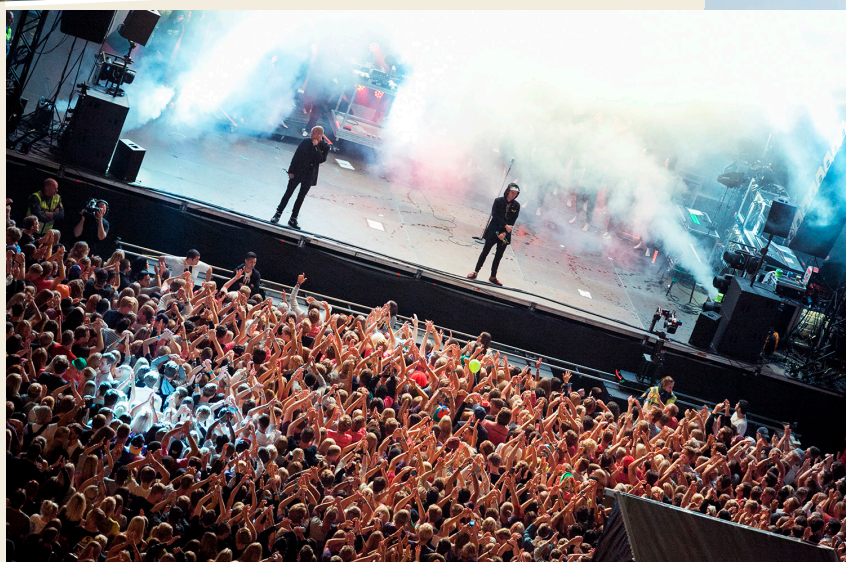
August:

Kick off Weeks : End of August - Beginning of September

The Student Union together with the Student Association at your school will take good care of you during these days; offering fun activities and events to make sure you get to know Jönköping, Jönköping University and of course your new classmates!

Join Kick Off -Your First Big Step into Student Life!

The Kick Off team have planned a full lineup of events just for you to connect with other students and feel at home on JU campus from day one- Don't miss this opportunity to get involved, make friends, and create memories for life!



Remember that this schedule is preliminary and events and dates might change during the semester. Always keep an eye on our webpage www.jonkopingsstudentkar.se/english for the updated schedule, or follow us on instagram: @justudent and @iacjkpg as well as you will find information on HITRACT.

Besides these events, the Student Union offers Language Café, Movie Nights and Culture Days every week during the semester!

Preliminary schedule of Jönköping Student Union activities Fall semester 2025

September:

**Buddy Mingle
Hikes**

**Swedish Culture Day
Welcome Fair**

**Book Club
Food Safari**

**Trip to Norway
Trip to Baltics**

*Pssst: **Culture Days** depend on international students at Jönköping University. The Culture Days take place on Fridays 12:00-13:00 in HLK. Here you have the chance to present your country and your culture. The Integration and Activity Committee (IAC) will help you with anything you need. You will get a budget for your expenses! Just contact us if you are interested to host your own culture day - through instagram @iac_cultureday*



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October:

Moose Safari Day
Copenhagen Trip

Trip to Iceland
Buddy Activity



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November:

Go Exchange

All the international students get to present their country, culture and home university. The participation is **mandatory** for all exchange students! So remember to pack and bring traditional clothes, something representing your culture and information about your home university that you can use during this event! You are expected to represent your home university.



The Language Café takes place once a week. There, you can either learn or teach a new language in an informal way while also meeting new people in a cozy environment! insta @jsulanguagecafe



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December:

Lapland Trips

Ski Trips

International

Sittning



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